## REGION IV MENTAL HEALTH BOARD MINUTES

February 14, 2012 - 12:00 PM to 2:30 PM Ada County Sheriff's Office 7200 W Barrister, Boise, ID

**CHAIR:** Greg Dickerson VICE CHAIR: Doug Miller

Attendees: Kate Pape, Douglas Miller, Michael Dickson, Martha Eckhoff, Laura Thomas, Lisa Koltes, Ross Mason, Mechelle Wilson, Shelley Retter, Heather Adamson, Jennifer Burlage, Amanda Phillips, Beth Baker, Paula Campbell, Judi Corlett, Kathie Garrett, Vern Garrett, Greg Dickerson, Gina Westcott, and Liza Clinger.

Agenda	Presenter	Discussion
Introductions and Attendance.	Greg Dickerson	Introductions of all attendees.
Review Agenda.	Greg Dickerson	Vern motioned to approve February 14, 2012 agenda and Ross seconded. All
Approval of last meeting's		were in agreement.
minutes.		
		Vern motioned to approve the January 10, 2012 minutes and Kate seconded. All were in agreement. Gina provided an update to the action items from the January 10, 2012 minutes. Action 1: Martha Eckhoff accepted being the designee for the state planning council. Action 2: An updated needs assessment report has been proved to all in attendance. Action 3: Heather Adamson has agreed to fill a position as a Consumer Representative and Amanda Phillips has agreed to fill the position of a parent with a child with SED.
		Action: Final approval from the Board is needed for filled vacant positions.
Review of past gaps and needs. Prioritize goals for the year.	Gina Westcott	Gina discussed the Gaps and Needs Assessment. A new revised outline was distributed. Feedback was gathered and changes/additions were captured. Gina stated that this discussion can possibly be an ongoing discussion for upcoming meetings as the group gathers input and ideas. Kathie suggested that when we finalize the Gaps and Needs Assessment and that we submit it through Teresa Wolf who works with the Interagency Cooperative.
		Ross asked, "Where the data is?" He believes that data will help us identify more of our needs. He suggested that we engage BSU to help with some sort of a project. Gina shares that the United Way has gathered a large amount of data in

		regards to mental health issues. She suggested that we utilize others data to help with this goal.  Action: Ross motions that Gina issue an email on behalf of the Board to inquire if anyone would like to be on a subcommittee and/or subcommittees to focus on areas such as anti-stigma campaign, transportation, data collection, and community outreach. Paula seconded and all were in agreement.  Action: Gina will inquire if a representative from United Way would be interested in giving a presentation for the MH Board.  Action: The updated Needs Assessment Report will be distributed by email.
Idaho Hope Update and Housing Workshop. Peer Support Specialists presentation. Mobile Crisis Team update.	Tammie Rice, Heather Adamson, and Jennifer Burlage.	Tammie updated the Board regarding the Idaho Hope Program. She informs us that the Healthcare Reform Grants were cut by 55%, effective 07/01/2012. Due to this they are not going to be providing services to Region III and negotiations are being conducted with H&W and Pioneer to see how else they will be caring out the cuts. Tammie distributes the activity report. She informs us that they now have 90 participants. In January they had 29 referrals with 19 from Region IV and 11 from Region III. They have graduated 13 in December, 16 in January, and will graduate 13 in February. Next Thursday they will have graduation at the Peer Center for Hope. They have created a newsletter and this can be distributed by email if anyone would be interested. They have revamped their crisis team. They have now been trained in SOAR. They are co-sponsoring a housing workshop with PATH from Region IV on March 13, 2012 at the Vineyard.
		Heather works for Mountain States Group and works at Region IV. PATH stands for Persons Assisting The Homes. She shares that the idea behind PATH is to provide outreach in the community to work with individuals that are homeless or at risk of homelessness. She shares that youth homelessness is a big problem in the united states, and that it is her goal is to prevent homelessness. Paula informs the group about OATHS ( <a href="http://www.takeanoath.com/what-is-oaths.html">http://www.takeanoath.com/what-is-oaths.html</a> ). This is a nonprofit created by Ben Skinner, senior at Bishop Kelly. This non profit has been developed to help homeless children in the school system. He has identified ~800 homeless children in the Boise School District and ~2000 in the state of idaho. They provide items such as clothing, school supplies, instruments, and

	1	
		sports equipment.
		Jennifer updated the Board regarding the Mobile Crisis Unit. She distributed a handout that utilized data that has been gathered since 2006 from Region IV. She shares that has been successful with the all the changes. Example: Working with the local police departments to prevent mental holds.
Commissioners report. Member Reports and Updates CMH Subcommittee Update RAC Update	All	Doug Miller, Valley County Commissioner, shares that they are going to be opening up a new teen center which the county is very excited for. There is an open house for this center on February 18, 2012( <a href="http://www.mystmentoring.org/">http://www.mystmentoring.org/</a> ). They are also going to have town hall meeting April 16, 2012.  Vern shares that they are still working with the 4 agencies on getting individuals services. In the past H&W has controlled the budget and had been administered through BPA. The other agencies are learning and growing in this process. They are hoping that they will avoid the ups and downs of the budget next year.  Judy informs the MH Board that St. Luke's has opened up an outpatient clinic that is located on Shoreline. However, the main facility will be located in Meridian. If anyone is interested in additional information they can call 706-6375. Dr. Edwards, Psychiatrist, and 4 other therapists will be working there. They are also looking to hire an additional psychiatrist. This clinic will be serving patients that are 16 years old or older.
		Paula shares that she has resigned from the NAMI Boise. She shares that Dr. Edwards has joined the NAMI Board. She did bring a flyer for NAMI Sun Valley. They will be bringing Ashley Judd for a book signing. Paula is also helping with the Children's Home Society and they are having their event on March 3, 2012 on the Grove.  Beth Baker shares that she started tutoring for GED's in the Step-Up Program.  Shelly shares that they are watching the Medicaid changes. There has been a statewide committee and they just received notice that they will have to move up the transition rate. CEC is bringing Randy Sprick, BH Specialist here to the community.

		Laura shares that the RAC will be meeting February 15, 2012 at 9:00am.
		Mike Dickson with BPA shares that they will be meeting with Aetna February 15, 2012 7:30am-9:00am.
		Kate shares that their Sherriff has made it mandatory for all patrol officers for a MH Evaluation, yearly. She feels that this has been really encouraging for her department. The group will be going to the July conference for CIT Training.
		Gina acknowledges that January and February are really busy months for the Department and that they are starting to see a reduction in need. She also shares that the Idaho Federation could not be here today but informs us that Paula, Courtney, and she will be working on activities for CMH Awareness Month. She will keep the Board informed regarding this.
Other Board Items Wrap-up	All	Action: 1 parent with a child with SED is still in need for recruitment.

<sup>\*</sup>Next meeting is March 13, 2012 at the Ada County Sheriff's Office, 7200 W Barrister, Boise, ID 83704 from 1:00 PM-3:00 PM.